

 Chalfont Otters Swimming Club Chalfont Otters Swimming Club Squad Timetable from 1 September 2025  Chalfont Otters Swimming Club							
Performance Squads	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Senior Performance 16.75 hrs (inc. 0.75 hrs land)		Chalfont (1.5) 05:30 - 07:00			Chalfont (1.5) 05:30 - 07:00		Amersham (2) 09:00 - 11:00 11:30 - 12:15 LT
	Maltman's (2) 18:15 - 20:15	Chalfont (2) 19:00 - 21:00	Hillingdon (2) 19:30 - 21:30	Chalfont (2) 19:00 - 21:00	Chalfont (1.5) 19:30 - 21:00		Chalfont (1.5) 18:30 - 20:00
Intermediate Performance 13 hrs (inc. 1 hrs land)		Chalfont (1.5) 05:30 - 07:00			Chalfont (1.5) 05:30 - 07:00		
	Maltman's (1) 19:15 - 20:15 18:15 - 19:15 LT	Chalfont (2) 19:00 - 21:00	Hillingdon (1) 20:30 - 21:30	Chalfont (2) 19:00 - 21:00	Chalfont (1.5) 19:30 - 21:00		Chalfont (1.5) 18:30 - 20:00
Competitive Squads	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Senior Competitive 12 hrs		Chalfont (1.5) 05:30 - 07:00			Chalfont (1.5) 05:30 - 07:00		
	Maltman's (2) 18:15 - 20:15	Chalfont (2) 19:00 - 21:00		Chalfont (2) 19:00 - 21:00	Chalfont (1.5) 19:30 - 21:00		Chalfont (1.5) 18:30 - 20:00
Intermediate Competitive 12.0 hrs (inc. 1 hrs land)		Chalfont (1.5) 05:30 - 07:00			Chalfont (1.5) 05:30 - 07:00		
	Maltman's (1) 19:15 - 20:15 18:15 - 19:15 LT	Chalfont (2) 19:00 - 21:00		Chalfont (2) 19:00 - 21:00	Chalfont (1.5) 19:30 - 21:00		Chalfont (1.5) 18:30 - 20:00
Junior Competitive Squads	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Junior Competitive 3 10.5 hrs (inc. 1 hrs land)		Chalfont (1.5) 05:30 - 07:00			Chalfont (1.5) 05:30 - 07:00		
	Maltman's (1) 18:15 - 19:15 19:15 - 20:15 LT		Maltman's (1) 19:15 - 20:15	Maltman's (2) 18:15 - 20:15	Chalfont (1) 18:30 - 19:30		Chalfont (1.5) 17:00 - 18:30
Junior Competitive 2 7.5 hrs (inc. 1 hrs land)							
	Maltman's (1) 18:15 - 19:15 19:15 - 20:15 LT		Maltman's (1) 19:15 - 20:15	Maltman's (2) 18:15 - 20:15	Chalfont (1) 18:30 - 19:30		Chalfont (1.5) 17:00 - 18:30
Junior Competitive 1 6.5 hrs (inc. 1 hrs land)							
	Maltman's (1) 18:15 - 19:15 19:15 - 20:15 LT		Maltman's (1) 19:15 - 20:15	Maltman's (1) 18:15 - 19:15	Chalfont (1) 18:30 - 19:30		Chalfont (1.5) 17:00 - 18:30
Academy Squads	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Academy 2 5 hrs							
	Chalfont (1) 19:00 - 20:00		Maltman's (1) 19:15 - 20:15	Maltman's (1) 18:15 - 19:15	Chalfont (1) 18:30 - 19:30		Chalfont (1) 16:00 - 17:00
Academy 1 4 hrs							
	Chalfont (1) 19:00 - 20:00		Maltman's (1) 19:15 - 20:15	Maltman's (1) 18:15 - 19:15			Chalfont (1) 16:00 - 17:00

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